# Carmel Convent Sr. Sec. School

# **Carmel Tidings**

2022

# A Glance Into The Activities Of September And October Elements of Nature -

The class activity was conducted on \*3rd September, 2022\* by the \*Science Department for Second Grade students.\* It was based on the theme of "Five Elements of Nature" i.e., Air, Water, Fire, Soil and Sky.(Panch Tattva). The aim was to make students aware of the five elements of nature that weave our bodies around the soul throughout our lives. There was an air of enthusiasm in the participants while showing their creativity by making five finger puppets of the Five Elements of Nature. The motto of the activity was to make students aware of these Panch Tattva





#### **Teachers' Day Celebration**

Teachers day falls on 5th September every year. This day is celebrated basically to honour the prestigious profession of a teacher. This year, students of class XII took up the lead to present a wonderful programme to appreciate their teachers for their commendable contribution towards students. It all started with a Prayer Service, followed by other various items and ended with the words of praise from the Principal,Rev. Sr. Ramya. All the teachers were presented by the gifts - token of gratitude, by the School Management.





#### **Hindi Diwas Celebration -**

On 14th September, 2022, a special Morning Assembly was conducted by class X D, to celebrate Hindi Diwas. Students put up a great show in relevance to the occasion. Few students were dressed up accordingly to represent the famous literary figures of Hindi Literature. On this special day, Madhubun Publisher House honoured the meritorious student

of our school, Krishna Pathak, of class XI E, for scoring the highest marks, 99/100 in Hindi subject. It is indeed a matter of great pride for us.



#### **Egg Tray Plantation** -

An awareness campaign was conducted by the \*Science Department\* for the \*students of class I\* on \*16th September, 2022.\* The students were asked \*to plant saplings in egg trays available at homes.\* It was an enjoyable and a rewarding way to learn about plants and their germination. The children had a lot of fun doing this activity.

Using a paper egg tray is important because once your seedlings are sufficiently developed, you can plant them directly into the soil. The paper helps keep the roots of newly planted plants moist until they break.



#### Me and My Manners -

"Good manners sometimes mean adapting to the bad behaviour of other people". With this wonderful thought, the students of class IV B organized a Special assembly on 22nd September, 2022, to make the students aware about good manners and how to incorporate them in life. Based on the theme, the assembly began with a prayer, followed by a thought, a speech and ended up with a melodious song on good manners. All were amazed by their performances.



#### World Tourism Day.

World Tourism Day has been held on 27 September each year since 1980. The date marks the anniversary of the adoption of the Statutes of the Organization in 1970, paving the way for the establishment of UNWTO five years later. This year the students of class X F got an opportunity to celebrate this day during the Assembly. They tried to show the importance of tourism through a skit, song and a dance performance wearing different costumes from different states. In all the projection was helpful for the students to understand the rich heritage of our nation.



#### World Heart Day -

World Heart Day was celebrated by the students of class XII A on September 29, 2022. The theme of the show was - Use heart for every heart. It's objective was to create awareness in the society about the increased mortality rate due to cardiac arrest amongst the youth. The highlight of the show was a skit presented in a very lively manner to show the ways to lead a healthy life. They concluded this Special Assembly with healthy tips on how to live a healthy and controlled life.



# **Gandhi Jayanti Celebration -**

To commemorate the 153rd birth anniversary of Mahatma Gandhi, a special morning assembly was organized by the students of class IX C on October 1, 2022. Gandhi's biography was presented through a short speech highlighting his principles of peace, truth and non-violence. The students were made aware of some amazing facts about Bapu. A beautiful poem expressing the invincible qualities of Mahatma Gandhi was recited. The students presented a song as a tribute to Gandhi's freedom struggle. It culminated with a wonderful dance performance by the students on one of the favourite devotional songs "Vaishnav Jan To". Rev Principal appreciated the students for their excellent presentation . Finally, a pledge was taken on energy conservation to protect the natural resources for the sustainable development of the earth.



#### Safety Rules Are Our Best Tools -

"Safety is not something that can happen on its own. You need to work for it with the right measures, tools and mindset."

With this wonderful thought, the students of class IV C organized a special assembly on 7th October, 2022 to make the students aware about the safety rules to be followed in their lives. The assembly began with a prayer, followed by thought, speech, a song and ended with a dance depicting safety rules.



#### **International Girl Child Day -**

Every year 11 October is celebrated as International Girl Child Day. Students of Class VII E organized a special assembly to mark the 10th anniversary of this special day to recognize the rights of girls and the unique challenges faced by girls across the world. This year's theme is "Our time is now - our rights, our future".

The Assembly focused on the need to address the challenges faced by girls and promote the empowerment of girls and the fulfillment of their human rights.

It concluded with the message that Girls are ready to move forward a decade. It is time for all of us to be accountable – with and for girls – and to invest in a future that believes in their agency, leadership and potential.





# "World Food Day"

A special assembly was organized on 17th October, 2022 by the students of class IX E.

Basically to show the need and importance of this day, students tried to add essentials of food in the form of dialogue distribution. They also discussed the topic "Safe Food Healthy Tomorrow" for the current year 2022. The pledge was taken to end the program emphasizing on the points to stop food wastage.



#### World Student's Day.

A special assembly was conducted by the students of class VIII D for the celebration of World Student's Day that falls on 15th October 2022. This day is celebrated to mark the birthday of India's former president, late Dr. A.P.J Abdul Kalam.

The assembly started with a prayer to invoke the blessings of God. It was then followed by a speech to enlighten the students about this day and also to highlight the achievements of "THE MISSILE MAN OF INDIA". It was indeed an effort to inspire the youth of today. A famous quote of Dr. A.P.J Abdul Kalam was delivered by a student to motivate them. "You canot change your future, but you change your habits, and surely your habits can change your future."

At the end a very encouraging Hindi poem left the students in awe all day long.







# **Stress Management**

Stress Management is a wide spectrum of techniques and psychotherapies aimed at controlling a person's level of stress. It becomes even more significant in case of the youth of today. Keeping this in mind, students of class X E conducted a Special Assembly on 21st October,2022. It focussed to give a clear picture of different types of stress and the ways to deal with them. The whole aspect was made clear through a speech.





#### **Diwali Celebration**

Diwali symbolises the spiritual victory over darkness, good over evil and knowledge over ignorance. The lights of diwali signify a time to destroy all the dark desires and thoughts, and give us strength and the zeal to carry on with our goodwill for the rest of the year.

With this spirit, once again Diwali celebration was organised by the Hindi Department on 22nd October,2022. A ballad was choreographed amazingly to depict the related excerpt from the Indian Epic - The Ramayan. Students participated with all enthusiasm and zeal, were dressed accordingly to give an authentic appearance to the whole drama. It was indeed an excellent and overwhelming experience for all.









#### IN SCHOOL COMPETITIONS

#### Kavi Sammelan, Std. IX -XII, 3rd Sept., Hindi -

On 3rd September, 2022, Hindi Department organized a Kavi Sammelan Competition for the students of classes IX to XII. Two students from each house participated in this competition.

Krishna Pathak ( XI E ) stood at First position, Pranjal Bansal ( XI E ) secured Second position and Bhakti Sharma ( X A ) bagged Third position. All the children participated with great zeal.



#### INTERCLASS SOLO DANCE COMPETITION

On 16th September, 2022 (Friday) an Interclass Folk Dance Competition was organized for all sections of class II. In all 40 students participated in the competition. The little dots performed marvelously.

Judges of Folk Dance competition were:

- 1. Mrs. Jenice Harmanues
- 2. Ms. Mamta Tambut
- 3. Mrs. Chetna Khurana

Result was declared section wise where students bagged first, second and third position.

Program was a splendid success with the support of Principal, class teachers, students and auxiliary staff.



#### **INTER HOUSE DANCE COMPETITION**

On 29th September 2022, an Inter House dance competition was held for classes 6th -8th based on the theme of Indian Festivals. This initiative was taken up by the Dance Department.

8 groups participated in this competition. (Each house represented 2 performance).

1st Position - Green House 2nd Position - Yellow House 3rd Position - Blue House

Judges for interhouse dance competition were:

Mrs. Vandana Indarwar

Mrs. Ruchi sukhdane

Ms. Meenakshi Virginia

All the performances were full of energy and zeal of winning the competition.

Program was a big success with support of Principal, students and auxiliary staff.







#### **Mathematical Relay -**

\*Mathematical Relay Competition\* was held on \*17th September, 2022\* for the students of \*classes VI to VIII.\* It was an Inter house competition. The objective of the competition was to encourage interest and love for Mathematics and to develop mathematical flexibility in solving problems. The students participated ardently. Yellow House took up the First place.



#### Alpana Design, Inter Class Competition

There was an Alpana making competition held for std 1 to 5. The Art and Craft department of the school took up the initiation. It was a class wise competition where in each and every student of the class got a chance to participate. They also got acquainted with the traditional art of Alpana and displayed their creative skills by making use of different decorative items. In all this competition enhanced the creative skills of our students.



# **Spell Bee Competition**

**An English Spell Bee Competition** was arranged for the students of class III on 16th September 2022 just to test their command over the English language as well as their alertness in responding to a question .

The rounds for the Competition were as follows:

Round 1: Jumbled Words

Round 2: Spell the words

Round 3: Arrange the words in alphabetical order.

Expression, Impact and Ability to answer.

The best three entries from each section were awarded.

# **Shop Till You Drop -**

The Commerce Association took the initiative to create awareness about the skills of Salesmanship required in the Corporate world. An Inter-house competition, "Shop Till You Drop" was organized on 24th September, 2022. In this event, all the four teams with two members each, had to showcase their Salesmanship Skills by selling the product provided to them on the spot by the judges. They were judged on different parameters like Confidence,



#### **Prepare your Magic Top Competition -**

Prepare Your Magic Top Competition was held on 3rd September, 2022 for the students of classed IV and V. It was an inter-house competition. The aim of the competition was to amplify their mathematical creative skills. The participation of the students was astounding. The team of Nishika Jeswani (class IV) and Aaradhya Dwivedi (class V) secured the first position.



# **Hindi Bhashan Competition**

Hindi Department of the school, once again set up a Speech Competition for the students of class IV and V. It was held on 19th September, 2022.

Basically it was organised to enhance the writing skills of the students. The topic of the competition was "Discipline" It was an Inter - class competition wherein the students participated with great competitive spirit. Nishika Jeswani of IV grade secured the first with her powerful words. Vibhuti bagged the second position where as Mehak Bhatija took up the third position. The Principal and the Judges of the competition highly appreciated all the participants. Overall the competition was verysuccessful due to the strong performances of the participants.



Samiksha kushwah of carmel convent sr. Sec. School has participated in Inter School Taekwondo Championship organised by Dhaani Youth & Sports Welfare Foundation and she secured First Position Aarti Saxena of carmel convent sr. Sec. School has participated in Inter School Taekwondo Championship organised by Dhaani Youth & Sports Welfare Foundation and she secured First Position

### **Karate Championship Tournament -**

The District Level Karate Championship was organized by Gwalior District Karate Association affiliated to Amateur Karate Association Madhya Pradesh. It was held on September 2, 2022. Our students won many medals with their unbeatable performance.

Our students made us proud by winning medals at various levels. Tanushka Tomar won the Silver medal at the Second place in Kumite (in fight).

**Dipanshi Kapoor, Nitya Sharma and Tanushka Tomar** won the **Bronze medal** at the **Third position**.

#### MP Biodiversity Quiz -

Our school got an opportunity to participate in the MP Biodiversity Quiz organized by the Government of Madhya Pradesh on 3rd October, 2022. A team of three students - Mithali Gupta (IX-B), Vaishnavi Gupta (IX-B) and Gaganjot Kaur (XII-B) participated in the event. They made us proud by securing First position.







RAJ MATA VIJAYARAJE SCINDIA MARATHON RACE was organized on 13th October, 2022.

Our school also participated in it amongst many other reputed schools of Gwalior.

Following Carmelites participated in it -

DEEKSHA SONI IX F , MISHIKA BHARGAVA IX E , SWARNIMA GUPTA IX C , IPSHITA BAIS IX F, ANOOPA DAR IX F AYUSHI GOUND VIII B , KHYATI X C , TANU SOLANKI IX E



#### **KARATE TOURNAMENT -**

District Level Karate Championship was organized by the District Karate Association on 2nd September, 2022, under the given categories - Sub Jr., Cadet , Junior , under 21 yr Karate Championships. It was organized by Gwalior District Karate Development Association affiliated with Amateur Karate Association , Madhya Pradesh.

Our students made us proud by winning medals under various categories as follows -

Silver Medal (2nd place) -Tanushka Tomar (X E) kumite (in fight).

Bronze medals (3rd place) - Deepanshi kapoor (IX A), Nitya Sharma and Tanushka Tomar (X E).





**Inter House Semi Classical Solo Dance Competition -**

Semiclassical Solo Dance Competition was held on 1st October, 2022 for classes IX to XII. The judges of the competition were Mrs. Padmaja Shankar, Mrs. Neha Tiwari Sharma and Mrs. Sapna Mishra. A total of 29 students participated in the competition.

In Kathak, Saumya Sangamnerkar secured first position, Gargi Jain second and Poorvi Gupta third.

In Bharatnatyam, Muskan Gupta got the first position, Anupa Dar and Shreya Saxena got the second and Dhanishka Arora got the third position







Fancy Dress Competition, 1st Oct., EVS, IV - V, Inter-house -

